



ST LUKE'S
Catholic Primary School
Wantirna

Address - 25 Stokes Road Wantirna

STUDENT WELLBEING

POLICY

Rationale:

In Catholic schools, wellbeing encompasses all dimensions of life. As a central outcome of schooling, wellbeing is integral to learning excellence, good health and life success. A positive sense of wellbeing can foster higher levels of engagement, school connectedness, emotional vitality, psychological functioning and academic performance. It is a key factor in enabling children and young people to contribute to society and enjoy meaningful and spiritually enriched lives. Educators and parents as educators need to work together to promote the health and wellbeing of all students.

Essential to the goals of Student Wellbeing is to develop five main social and emotional competencies:

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making

St Luke's is committed to creating inclusive, engaging and mutually respectful environments where all members of the school community flourish.

Aims:

- To develop students who are socially, mentally, emotionally, spiritually and physically healthy.
- To provide a safe and supportive environment where optimal learning takes place.
- To develop relationships that build connectedness between students, staff, parents, parish and the broader community.

Implementation:

- The school day will begin with silent meditation and prayer.
- Each year will commence with an Inquiry unit with a wellbeing focus.
- 45 minutes each week will be timetabled for the whole school to explicitly teach SEL competencies and Personal and Social Learning Capabilities. Lessons will alternate between peer groups (Year levels within the classroom) and Cross-age (P-6) groups.
- Staff will endeavour to build positive relationships throughout the school community.
- Staff will actively promote the school values of respect, integrity, resilience, empathy and responsibility.
- The school will provide a restorative culture, where relationships are restored through mutual respect and a conversation facilitated by affective questioning following conflict.

- A Wellbeing Action Team will be established to develop and oversee a whole school approach to Student Wellbeing.
- The school will endeavour to implement and maintain programs which support and promote positive relationships and connectedness, such as:
 - Religious Education
 - Meditation
 - Values Education
 - Right Resilience and Respectful Relationships
 - Bounce Back!
 - Restorative Practices
 - Friendship Groups: P-6 Cross-Age Program
 - S.R.C.
 - Grade 6 Leadership Roles
 - Prep-Year 6 buddies
 - School Assembly
 - Student Awards
 - Drug Education
 - Healthy Eating practices
 - Oral Health practices
 - Mental Health practices
 - Body Safety

St Luke's will provide the following support structures:

- Monitoring of, and responding to, protracted student absences
 - Protocol for Mandatory Reporting
 - Program Support Group Meetings for children at risk academically and socially
 - Emergency Management Plan
 - Season's Program (if required)
 - Staff Professional Development on relevant wellbeing research, resources and pedagogy.
 - Be You Framework
- The curriculum will be developed to ensure the needs of individual students are met, and the multiple intelligences of students are catered for.
 - Personalised learning will be implemented in all classrooms for students and staff.
 - The school will provide a counsellor to cater to students with specific intervention needs.
 - The Student Wellbeing Leader will attend regional and zone network meetings to share ideas on best practice and current initiatives around Student Wellbeing.
 - An active Student Representative Council will form part of the school's decision-making team.
 - Staff will be provided with professional development in the area of Student Wellbeing.
 - Student work and achievements will be regularly showcased and publicly recognised.
 - The students will be provided with the opportunity to participate in National Days of Action e.g National Day of Action against Bullying, Day for Daniel, National Sorry Day.

Evaluation:

This policy will be reviewed as part of the school's review cycle.